

## #Thisgirlcan

The #Thisgirlcan initiative is a national initiative that aims to raise the uptake and standard of girls in sport.

At the end of 2016 our data showed that our girls had a much lower uptake in clubs and competitions than our boys.

After sending out surveys to the girls and having discussions it was noted that many girls did not have the confidence to join many sports clubs where they would be playing against or with the boys. We therefore set up our first ever #thisgirlcan sports club.

In the first year the participation for girls doubled at key stage 2. The club concentrated on improving skills and confidence in the girls in a wide range of sports including football ,rugby, cricket, basketball and handball. Many of the girls chose to take part in competitions for the first time in their primary school lives against other all girl teams from other schools.

The other interesting outcome from this club is that many of the girls then went on to join the mixed clubs and compete alongside the boys in our competitions.

The club has continued to thrive with girls trying out many new sports.

At the end of the last academic year the girls were invited to take part in a #ThisGirlCan day at the Canterbury Academy with 8 other local schools. They received coaching in cricket, American Football, beach volleyball and Zumba.

We have also been asked to report back to The School Games Programme about the success of this club at our school.

This year the #Thisgirlcan club continues to go from strength to strength and we are excited to see new faces at the club some of which have already competed for the school.



