

Tell a grown-up at home



Tell a grown-up at school



Tell an Anti-Bullying Ambassador



Tell Childline
(0800 1111)



"Bullying can make you feel very sad and lonely. When I told a grown-up, they were on it like a flash and the bullying ended." Sophie

This Anti-Bullying Policy was written and reviewed by the BuB Anti-Bullying Ambassadors 2021



Boughton-under-Blean & Dunkirk Methodist Primary School Anti-Bullying Policy for Children



Doing all the good that we can

What is bullying?

Sometimes people can be unkind or hurtful. That is wrong, but BULLYING is when it happens **time and time again**.



Several
Times
On
Purpose

This can happen in different ways:

Physical bullying-punching, kicking, pushing

Verbal bullying- name-calling, teasing or spreading rumours

Emotional bullying- leaving someone out, ignoring someone

Cyberbullying- unkind texts, emails or saying rude things online

Physical



Verbal



Emotional



Cyberbullying



How can we stop bullying?

The only way to STOP bullying is to tell someone about it. Even if you are not absolutely sure what is happening to you, you **MUST** speak to someone about it.



Start
Telling
Other
People