

# YOUR MENU THIS WEEK



EDUCATION

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK ONE</b> 08.03.2021 29.03.2021 03.05.2021 24.05.2021 21.06.2021 12.07.2021	Cheese & tomato pizza (v) (1,3,6) or Vegetable burger (v) (1,3)  Potato wedges, baked beans & seasonal salad  Vanilla ice cream (1) Strawberry yoghurt (1) Dining centre	Cottage pie (1) or Bean & vegetable cottage pie (v) (1)  Carrots & broccoli  Fruit sponge with custard (1,3,11)	Roast pork & gravy or Vegetable & lentil hot pot  Roast potatoes Seasonal greens, roasted vegetables  Jelly and cream (1)	Beef lasagne (1,3,14) or Vegetable lasagne (v)(1,3,14)  Wholemeal herb bread (1,3,6) Sweetcorn, coleslaw (11)  Fresh fruit salad	Fish fingers (2,3) or Vegetable fingers in a wrap, (v) (1,3)  Chips, baked beans, peas  Chocolate mousse (1)
<b>WEEK TWO</b> 15.03.2021 19.04.2021 10.05.2021 07.06.2021 28.06.2021 19.07.2021	Mild chickpea & potato curry with 50/50 rice or Mac & cheese with basil bread (v) (1,3,6)  Broccoli & carrots  Vanilla shortbread (1,3)	Pork sausage & gravy (1,3,12) or Vegetable sausage, & gravy (v) (1,3,6,11)  mashed potato (1), peas & red cabbage  Chocolate sponge with pear compote & chocolate sauce (1, 3, 11)	Roast turkey, gravy & stuffing (3) or Vegetable omelette (1,11)  Roast Potatoes Seasonal greens, cauliflower  Crispy cake (1, 3)	Beef Bolognese Wholemeal penne pasta (2,3) or Caribbean pasty with ½ a jacket potato (v)(1,3)  Seasonal salad, sweetcorn  Fruit flapjack (1,3)	Fish fingers (2,3) Salmon fishcake, (2,3,14) or Quorn sausage (v) (1,3,11) Chips, baked beans, peas  Fruit and custard (1)
<b>WEEK THREE</b> 22.03.2021 26.04.2021 17.05.2021 14.06.2021 05.07.2021	Vegetable & bean wrap (v) (1,3) or Tomato & basil pasta bake with cheese (1, 3)  Focaccia bread (1, 3, 6) Seasonal salad, sweetcorn  Melon medley	Pork meatballs in a tomato sauce or Quorn balls in a tomato sauce (v) (3,11)  Pasta(3), broccoli & cauliflower  Fruit crumble & custard (1, 3)	Roast chicken & gravy or Vegetable and lentil loaf (v) (1, 3,11)  Roast potatoes, cabbage & carrots  Ice cream (1) Fruit yoghurt(1) Dining Centre	Chicken korma with wholegrain rice (1) or Sweet potato falafel with mint yoghurt (v) (1,3)  Green beans, cauliflower  Wholemeal oat cookie (1,3)	Battered fish (2,3) or Roasted pepper & cheese quesadilla, tomato salsa (v) (3, 1, 7)  Chips, beans, peas  Jelly

Available Daily: Handmade Bread, Fresh Salad & Fruit Also Available, Daily Jacket Potatoes with Beans & Cheese(1) Or Tuna Mayonnaise (2,11)

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard  
 MENU IS SUBJECT TO CHANGE \*