

Boughton PE Long Term Plan

	Aut 1	Aut2	Spring1	Spring2	Sum 1	Summ2
Year1	Multiskills football	Playground games/ball skills Wake and shake routines	Keysteps gym Tennis (appetti)	netball /rugby ball skills large apparatus	Yoga/dance cricket	Dance/large ball rounders Athletics
Year 2	multi skills Football	Ball skills Basketball/handball rugby dance (wake and shake routines)	keysteps hockey	Team building games Large apparatus	cricket yoga/dance	Dance /large ball rounders athletics
Year3/4	invasion games skills football/rugby fitness /yoga	Cricket for year 4 (KCC) Cross country/indoor athletics year 3 Wake and shake /fitness	Netball/handball/benchball Key steps	hockey team building Large app	Athletics dance	Hand eye co-ordination games skills (cricket /rounders) OAA/tennis – year 3 year4 Swimming /tennis
Year 5/6	Football /rugby Fitness training /wake and shake	Basketball/netball Cricket KCC	Handball/benchball key steps/yoga	Hockey teambuilding Large app	Cricket /rounders Catching throwing skills Dance	Athletics Top up swimming Badminton/tennis/volleyball

**All classes to take part in a walking day (possibly sponsored) each class will be given a route on different terrain or with different theme.
All SOW are based on TWKSSP schemes.**

Long term plan is based on up and coming clubs and competitions. This could be changing and we will not have this confirmed until end of Sept so there may be changes from term 2 onwards.

If children enjoy the lesson they will join the club, if they enjoy the club they will take part in competitions and want to find pathways to outside agency clubs.

Internal competitions= term 2. Wake and shake, term 4 key steps gym and term 6 football/netball

All children to take basic games skills test in term 1 – any children unable to reach targets will be given intervention by CF/DP in term 1/2. This will be repeated for gym in term 3 or 4.